



# Time to Shine

## As the page turns – booklist on ageing

Books can offer a real insight into how we think about ageing and ageism, and challenge our views and perceptions.

Leeds Libraries have compiled this booklist on ageing, with works ranging from 1848-2014. Everything on the list is in stock at Leeds Libraries, and is free to reserve.

Which books do you think can give us greater understanding of ageing? Let us know – [rob@opforum.org.uk](mailto:rob@opforum.org.uk)

Leeds Libraries list:

- Being mortal (Atul Gawande, 2014)
- The Catcher in the Rye (JD Salinger, 1951)
- Dombey and son (Charles Dickens, 1848)
- Ending up (Kingsley Amis, 1974)
- Fried green tomatoes at the whistle-stop café (Fannie Flaggs, 1987)
- High fidelity (Nick Hornby, 1995)
- How it all began (Penelope Lively, 2011)
- I remember nothing (Nora Ephron, 2010)
- The joy luck club (Amy Tan, 1989)
- Letter to my daughter (Maya Angelou, 2008)
- The little old lady who broke all the rules (Catherina Ingelman-Sundberg, 2012)
- A man called Ove (Fredrik Backman, 2012)
- Noah's compass (Anne Tyler, 2009)
- Norwegian wood (Haruki Murakami, 1987)
- Nothing to be frightened of (Julian Barnes, 2008)

- The old man and the Sea (Ernest Hemingway, 1952)
- The picture of Dorian Gray (Oscar Wilde, 1890)
- Rabbit at rest (John Updike, 1990)
- Somewhere towards the end (Diana Athill, 2008)
- Tenth of December (George Saunders, 2013)
- These foolish things (Deborah Moggach, 2004)

Contributions from our readers:

- 100 years of solitude (Gabriel Garcia Marquez, 1967)
- The five people you meet in heaven (Mitch Albom, 2003)
- The hundred year old man who climbed out of the window and disappeared (Jonas Jonasson, 2009)

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